

"Critical programs provided by The Frederick Center allow LGBTQ+ individuals of all ages to feel safe, welcome, and affirmed. This community effort cannot be accomplished without each of us pitching in."

Kristopher Fair, (he/him pronouns)

## Get Involved!

- Put me on your free mailing list!
- ☐ I want to get involved
- Annual Membership
  - ☐ Student/Youth \$10 (age 23 or younger)
  - Individual Adult \$20
  - ☐ Household \$35
  - ☐ Supporter \$50
- ☐ I want to make an additional donation \$ \_\_\_\_\_

Your membership is tax-deductible.

Name/s\_\_\_\_\_

Address \_\_\_\_\_

City\_\_\_\_\_

State\_\_\_\_\_Zip\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

# Make an Impact!

#### = Be Visible!

Stand up against bullying, sexual orientation biases, gender binary and non-inclusive language.

## = Join a Committee!

Your contributions of time and talents help The Frederick Center expand programming to meet the needs of our community.

- = Volunteer for a Day!
- = Attend Our Events!
- = Become a Member/Donate!





TheFrederickCenter.org
TFC@thefrederickcenter.org

facebook.com/TheFrederickCenter facebook.com/TheFrederickCenterYouth

PO Box 3231, Frederick, MD 21705-3231















TheFrederickCenter.org



"I have met people that have become friends as we volunteer together to make Central Maryland a more welcoming community."

– Em Perper (they/them pronouns)

## About Us

We are a 501(c)3 non-profit organization dedicated to supporting, connecting, and educating the Lesbian, Gay, Bisexual, Transgender, Non-binary, and Queer (LGBTQ+) community and its allies in Central Maryland.

A student experiencing extreme bullying because of his sexual orientation, his mother, and other adults came together to build a welcoming community for LGBTQ+ teens and adults in 2012

The Frederick Center proudly partners with private, governmental, non-governmental, non-profit, educational, and religious organizations, including:

- Campus Area Response Education (CARE)
- School Health Council
- = Frederick County Homelessness Coalition
- = Child Fatality Review Task Force
- = Health Equity Task Force
- = Frederick Co. Public Schools LGBTQ+ Student Support Task Force
- United Way
- Maryland LGBTQ Chamber of Commerce
- = Frederick Chamber of Commerce
- Downtown Frederick Partnership
- = City of Frederick Police Chief's Forum
- Downtown Safety, Development and Services Committee

The Frederick Center proudly partners with over fifty governmental, non-governmental, non-profit, educational, and religious organizations.



# Support Services

## **Youth Group Junior**

First and third Wednesday afternoon peer group for LGBTQ+ youth ages 9-13 and their parent/s and caregiver/s. A place for LGBTQ+ tweens and their parents/caregivers to make friends, learn about themselves and others, share interests and skills, and discuss common issues.

### **Weekly Youth Group**

Wednesday evening peer group for LGBTQ+ youth ages 13-23. Topic-driven meetings: education, support, friendship building, skill-sharing, mentoring. Meetings often include a licensed group facilitator.

## **Young Adult Group**

Tuesday evening peer group for LGBTQ+ adults age 18-26. Topic driven, facilitated meetings structured by participants.

#### **Healing Pride**

Group for LGBTQ+ survivors of sexual assault, sexual abuse, and intimate partner violence. Facilitated by licensed clinicians from Heartly House.

## **Trans and Gender Non-binary Community Group**

Safe space for transgender and gender expansive peer adults 18+ to network and discuss topics of interest, including identity, coming out, transitioning, and gender.

### **TransFamily**

Support group for parents and other caregivers of transgender and gender expansive children. Led by a licensed facilitator.

## **Bisexual Social Networking Group**

Meets monthly to provide social / discussion opportunities for the Bi+ community. Events are announced through Meetup.

# Community Services

#### **Frederick Pride**

Annual festival in June celebrating LGBTQ+ Pride with music. Entertainment, vendors, and speakers. Draws thousands of community members, allies, friends, and neighbors. The celebration includes a range of related Pride events during the month.

### **LGBTQ+ 101**

Sensitivity and awareness training for organizations, tailored to address specific needs. While a donation is encouraged, trainings are pro-bono.

## **Welcoming Frederick**

Conference for medical, educational, social work and other professionals on how to create affirming spaces for LGBTQ+ people. (Continuing education credits offered)

#### **Frederick HIV Coalition**

Supports HIV testing at community outreach events and distributes free home HIV test kits without cost to community members; provides education and awareness about HIV prevention and treatment.

#### **Community Outreach**

- = In the Street
- = National Night Out
- = Community Health Fair
- = Local festivals, block parties, and allied events

#### **Annual Events**

- = World AIDS Day
- = Transgender Day of Remembrance
- = Carnival
- = Little Song, Little Dance

