

ADVOCACY & EDUCATION

Building a safer, more affirming community at the local, state, and federal levels.

LGBTQIA+ Legal Clinic
LGBTQIA+ Trainings
School & Student Support
Healthcare Advocacy
Case Management
Community Resource Navigation

MAKE AN IMPACT

SUPPORT THE CENTER

GIVE THE GIFT OF BELONGING

Every day, dozens of LGBTQIA+ people come to our Center seeking compassion. Your support today has a direct and immediate impact, helping our community discover that supportive home:

\$50	Sustain one teen client with a week of care.
\$150	Ease hunger with nourishing meals and snacks.
\$300	Sponsor a therapist for one support group session.
\$500	Create a celebration like Transgender Day of Visibility.
\$1,000	Transform the Center with a critical renovation.
\$2,500	Power Youth Support Groups for one month.

SHOW UP LOUD

Call out bullying. Challenge biased language. Refuse to let anyone shrink to fit. Visibility is protection for all of us.

JOIN A COMMITTEE

Bring your skills to the table. Our committees shape the programs that shape our community, and we need you on them.

VOLUNTEER FOR A DAY

One shift. One event. One afternoon. Your time moves the needle for LGBTQ+ folks across Central Maryland.

SHOW UP FOR EVENTS

From monthly meetups to marquee celebrations, every seat filled is a statement: this community is here, and it's thriving.

BECOME A MONTHLY SUSTAINER

Steady support builds steady programs. Sustainers fuel everything we do — year-round, month after month — and keep The Center strong for whoever walks through the door next.



DONATE TODAY!

The Frederick Center provides critical services to youth and adults in our state. We cannot do it without your help!



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Emerging and Belonging Together



TheFrederickCenter.org

ABOUT THE CENTER

For LGBTQIA+ people, finding a place where you feel like you belong is hard. When you do find that space to be yourself, it feels like coming home. Since 2012, The Frederick Center has been home to thousands.

At The Center, nobody walks alone. Stories are honored, questions are welcome, and identities are seen and supported. We offer:

- Facilitated peer support groups and programs
- Dedicated 1:1 support for all ages
- Educational, Outreach, and Awareness Events
- LGBTQIA+ Consultation and Training for Organizations
- Public Policy Advocacy
- And ... Frederick PRIDE!

EACH YEAR, OUR CENTER SEES:

700+ Clients | **6,000+** Visits

50,000+ at Frederick Pride

1,000+ Phone Calls | **10,000+** Emails

This is what community looks like.
This is The Frederick Center.

Every LGBTQIA+ person has weighed the fear of rejection against the joy of being themselves. Here, no one has to question being loved."

MARTIN (he/him)
Development Director

SIGNATURE EVENTS

FREDERICK PRIDE PARADE & FESTIVAL

4th Weekend in June

Our signature annual festival every June, celebrating LGBTQIA+ Pride with live music, performances, vendors, food, libations, and speakers. Drawing thousands of community members, allies, friends, and neighbors, Frederick Pride anchors a full month of events!

PRISM GALA | October

The Prism Gala honors the allies and advocates who shine light and hope for our LGBTQIA+ community. Enjoy dinner, stories, entertainment, and queer joy, all in support of The Frederick Center's life-changing programs.



ANNUAL EVENTS

TRANSGENDER DAY OF VISIBILITY | March 31

Our annual observance to celebrate Transgender people and raise awareness of the discrimination they face worldwide.

TRANSGENDER DAY OF REMEMBRANCE | November 15

Our annual observance to memorialize Transgender people whose lives were lost to anti-transgender violence.

FRIENDSGIVING | November

Our heartfelt celebration where LGBTQIA+ community members gather to share a holiday meal, creating chosen family bonds and a welcoming space for all.

WORLD AIDS DAY | December 1

Our annual observance to raise awareness about HIV/AIDS, honor those who have died, and show support for people living with HIV.

PEER TO PEER SUPPORT GROUPS

Safe, affirming spaces to be heard, find guidance, and know you're not alone.

ALL LGBTQIA+ PEOPLE BY AGE

- **Youth Group Junior:** Ages 9–13
Wednesdays, 5:00–6:30 pm
- **Youth Group:** Ages 14–18
Wednesdays, 7:00–8:30 pm
- **Young Adult Group:** Ages 18–26
Mondays, 7:00–8:30 pm
- **Queer Peers:** Adults 26+
Tuesdays, 6:30–8:00 pm
- **Aging with Pride:** Retirement-age adults
Wednesdays, 9:00–11:00 am

BY IDENTITY & EXPERIENCE

- **Transgender & Gender Nonbinary Group:**
1st Wed. of the month in person at TFC;
3rd Tues. via Zoom | 7:00–9:00 pm
- **TransFamily:** Parents and guardians of transgender, nonbinary, and gender-diverse young people
1st and 3rd Saturdays, 10:00–11:30 am
- **Worth the Wait:** LGBTQ+ adults 18+ who came out later in life
1st and 3rd Thursdays, 6:00–7:30 pm
- **PoZithivity:** People living with HIV
1st, 2nd, and 4th Thursdays, 6:00–7:30 pm

SOCIAL & COMMUNITY

Looking to connect outside of a support setting?
Held weekly, bi-weekly, monthly, or quarterly.

Queer Study Group	Clothing Swaps
Queer Craft Nights	Drag Bingo
Magic: The Gathering	Community Fairs
Sapphic Dances	LGBTQIA+ AA Meeting*
Pink Drinks	PFLAG Meetings*
Dungeons & Dragons	Queer Book Group*

**Hosted at The Frederick Center, but NOT affiliated with The Frederick Center.*